

INFOPACK

Unity in Diversity: Fighting with Migration Challenges Together

YOUTH EXCHANGE



**FUNDUSZ
INICJATYW
LOKALNYCH**



**Funded by
the European Union**

OVERVIEW

GOAL

The goal of the project "Unity in Diversity: Fighting with Migration Challenges Together" is to address migration-related stress and discrimination against migrants while promoting social unity and integration. Through various activities, including theater workshops and community engagement, the project aims to raise awareness about tolerance, build soft skills and advocate for migrant rights and social inclusion.

OBJECTIVES

- Combat discrimination by promoting values of acceptance and equality.
- Equip participants, especially migrants, with coping skills for migration-related stress.
- Utilize theater to explore the emotional impact of migration and foster empathy.

AGE OF PARTICIPANTS

- The target age range is 17- **23 years old**
- **It has to be one adult leader in each group**

SCHEDULE

ARRIVAL DAY: 17.06.2024

DATES OF THE YOUTH EXCHANGE:

18.06.2024 -26.06.2024

DEPARTURE DAY: 27.06.2024

PARTICIPATING COUNTRIES

POLAND - 10 PARTICIPANTS

CROATIA- 13 PARTICIPANTS

ITALY - 10 PARTICIPANTS

OTHER PRACTICALITIES

During the training course we will organize a **cultural evenings**. Bring with your **traditional snacks and drinks**.

In the centre there is **Wi-Fi Internet** connection so you can bring your computer.

During the project you will be provided with **3 meals** (breakfast, lunch, and dinner)

WHAT TO BRING?

Passport or ID card

All travel TICKETS!

European health insurance cards are obligatory for all participants

Hair dryer - the venue does not provide such

SCHEDULE

07:30									BREAKFAST		
8.00	A										D
8.30	R										E
9.00	R				BREAKFAST						P
9.30	I	BREAKFAST	BREAKFAST	BREAKFAST		BREAKFAST	BREAKFAST	BREAKFAST		BREAKFAST	A
10.00	V										R
10.30	A										T
11.00	L	INTRODUCTION	STRESS WORKSHOP	HOW TO COPE WITH STRESS WORKSHOP	MIGRANTS' RIGHTS/ WORKSHOPS IN THE MIGRATION OFFICE	THEATRE WORKSHOP	TIKTOK WORKSHOP	DISCRIMINATION		SUMMARY OF WORKSHOPS + EVALUATION	U
11.30	D										E
12.00	A										
12.30	A										
13.00	Y								KRAKÓW TRIP		D
13.30											A
14.00		LUNCH	LUNCH	LUNCH		LUNCH	LUNCH	LUNCH			Y
14.30											
15.00											
15.30											
16.00					KATOWICE WORKSHOP						
16.30		INTEGRATION	STRESS RELATED TO MIGRATION WORKSHOP	ASSERTIVENESS WORKSHOP		THEATRE WORKSHOP	TIKTOK WORKSHOP	CONFLICT SOLVING		CERTIFICATES	
17.00											
17.30											
18.00											
18.30		DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER	DINNER		
19.00											
19.30											
20.00											



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ACCOMMODATION

Żarki Letnisko (Poraj municipal, Myszkowski District)

Nadrzeczna 35 Street, post code: 42-311

- **All costs related to accommodation and meals are covered by the organizer.**
- Each room has its own bathroom.
- There will be conference room available for participants during the mobility where they will be able to implement activities.
- **There is an open area belonging to the Hotel where participants will be able to implement some activities depending on the weather.**
- **Free Wi-Fi.**
- **The participants will have meals at the Hotel's restaurant - 3 meals per day (breakfast, lunch, dinner)**
- **The meals will be adjusted to the participants' food preferences (for example: allergy, vegetarianism) related to the information that will give us through the filling participants' list - attachment).**





CONTACT

If you have any **questions, don't hesitate to ask!**

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